



Tending the Fire Within: A Therapy Group for Men

In this group we will embrace and explore issues that men often find themselves struggling with.

Together we will share and learn to work with our anger, humiliation, grief, loneliness, and sense of power in order to create lives with more passion and connection.

By supporting each other's experience, we will dive more deeply into our own expressions of masculinity and learn how we can feel more alive by holding our issues with compassion and heart.

Openings in On-going Group Beg. Apr 25th

Runs 15 weeks—Affordable/sliding scale

Meets Sundays 3-5:30pm @ 2140 Pierce St.

Call 415-776-3109 Now for a Consultation



Rob Schene has experience running groups as a wilderness field guide and residential counselor. His wisdom comes from seeing deep meaning through metaphor, mindfulness and physical expression. He is passionate about exploring what it means to be an awake and alive man and finds his aliveness journeying in relationships and nature. He is a therapist in training at Holos Institute in San Francisco.



Jordan Wolfe has taught emotional communication skills and worked in the counseling field one-on-one and with groups for several years. He has endeavored to integrate many facets of masculinity through such diverse roles as soldier, carpenter, Buddhist monk, boxer, musician, and yoga teacher. He is a therapist in training at the Integral Counseling Center in San Francisco.

Men's Group: Sundays 3-5:30
Integral Counseling Center
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www.integralcounseling.org
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Group Meets Every Sunday 3-6 pm

